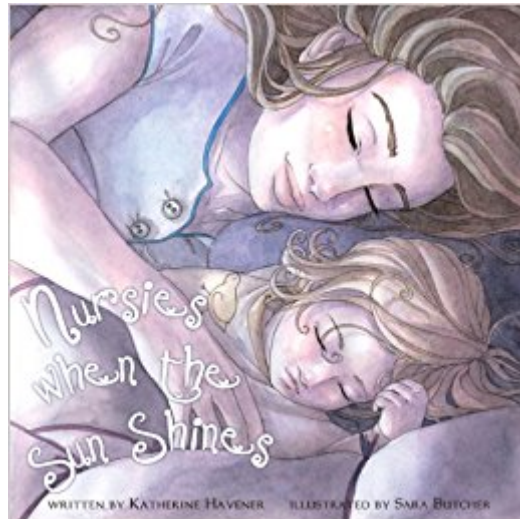


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Nursies When The Sun Shines



Synopsis

Nursies When the Sun Shines is a godsend to parents of nursing toddlers, exhausted from late night wakings for milk. Beautiful watercolor illustrations and a sweet, lulling verse help young children understand the concept of night and day. Night time, the book explains, is for sleeping. Nursies, on the other hand, happen when the sun shines. In Nursies, a tousle-haired toddler is snuggled up in bed with mom and dad, ready to go to sleep for the night, the family's grey striped cat snoozing soundly at their feet. When the toddler wakes at night for nursies, mom shows her baby that it's dark outside, and assures baby that she'll have nursies when the sun shines. Later, with brilliant sun streaming through the window, the toddler knows it's time for nursies. The book closes with a heart-warming illustration of a nursing family: the toddler, nuzzled up to mama's breast, daddy kissing toddler's head, and even the family cat purring a love song. Nursies is a groundbreaking children's book, the first-ever to focus on night weaning. Its goal is to facilitate communication between parent and young child, thereby making the process of night weaning as gentle and easy as possible.

Book Information

Hardcover: 16 pages

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Customer Reviews

I am so excited: a book about night-weaning a toddler who still sleeps in bed with you! What a joy. I was sent this book and we LOVE it. Its simple, illustrated so delicately, and shows bed-sharing and a supportive papa, and such a neat relationship. I highly recommend it! --Mayim Bialik, actress and author of the new Attachment Parenting book *Beyond the Sling* The text is simple and tender.. The illustrations in this book are gorgeous. The joyous expression on the child's face when at last the

sun has risen is just unmistakable. And the father kissing the baby's head while she nurses is precious. I've met so many co-sleeping mothers of toddlers who find themselves acting as an open bar at night. And it's hard to explain, in a way that a toddler can understand, that you want to sleep at night. By using the sun as a guidepost, this book does a beautiful job of gently introducing a system that can work for everyone --Tanya Lieberman, IBCLC, Motherwear.com Breastfeeding blog
The marriage of stunning atmospheric illustrations and affectionate text create a perfect keepsake treasure. --thealphaparent.com

Katherine Havener is a natural and attachment parenting advocate, attorney, and mother to three beautiful girls. She is a retired Holistic Moms Network leader and is an active member of La Leche League. Katherine has been featured in national and San Francisco Bay Area parenting magazines and news shows. Her inspiration for *Nursies* was her daughter Elea, who, for the first 22 months of her life, woke up every two hours to nurse. Katherine has been happily married to her husband, Reese, for thirteen years. This is her first children's book.

I have recommended this book to multiple of my mommy friends. It's just beautiful, both in story and illustrations. My three year old nursling son loves this story and requests for me to read it all the time. The first time I read it to him, I read the part in the beginning where the author says she's writing the book to her beautiful nurslings. Now my son says "Mommy, I'm your beautiful nursling." It's SO sweet. I highly recommend this book.

This book really helped me to night-wean my toddler without any fuss. I read it to her several times and talked to her about how she was getting bigger and mommy's nursies were getting tired from being awake at night. Then one night I reminded her that "mommy's nursies sleep at night" and that after her bedtime nursing she'd have to wait for morning. She whined a little when she woke in the middle of the night but I just reminded her that the nursies were sleeping and she went back to sleep. After 2 or 3 nights she no longer even whined about it, and after the 4th night she stopped asking. Now if I need to make an exception, for example when she was running a 103/104 fever and I wanted her to get all the milk and antibodies I could talk her into, I tell her "We'll wake the nursies up because you are sick" and when it's over and she asks again I just remind her that she's not sick anymore and nursies need to sleep. She loves the pictures in the book and even though she's been night-weaned for a good 6-9 months now I think she still likes me to read it to her. She especially likes the kitty.

First of all, this book is absolutely gorgeous. The illustrations are just breathtaking. My daughter loves looking at it and just stares at the pages. I understand; I like staring at them too! Coupled with the very simple story and few words on each page, it is perfect. It uses the concept of light and dark, as seen through the window, to let the child know if it is time to nurse yet. I love that the whole family is in the family bed, even the cat (which my daughter loves too and gets so excited to point out the cat in the bed, especially at the end of the book!)! And the child is comforted and loved if she wakes at night to assist her in going back to sleep, without nursing. There are also lots of helpful tips for starting the night weaning process.

I purchased this book to help with night weaning my 17 month old and I really think it's what did the trick. I had tried previously and he was a mess. After reading this book to him for a couple weeks we tried again and no problems, and minimal crying! I highly recommend it.

This book is adorable. I especially loved the advice in the back of the book. It seems like my daughter still isn't quite ready to be night weaned however I will continue to read it to her and talk to her about it to get her prepared.

Absolutely beautiful pictures really make this book special and unique. My 2 year old loved looking at the pictures and it helped her understand the content of the book as well. It takes a very gentle, child centered and respectful approach to night weaning. I love the last page of the book which is an outline for the mother to read to determine when her toddler is ready to begin to night wean, how to approach the process, when/if to back off, etc. Very helpful book for a very tough and emotionally trying subject! !

This beautiful illustrated book helped us to wean our toddler. I would read it to him every night. At the beginning he loved it, and the idea sunk in his little mind. I night weaned him first. Sometimes he would ask to nurse at night again and I will start reading it before bed again. He would refuse it sometimes, as he found the book talked about something he didn't want to hear. I would still read it to him and it would help again. Eventually I weaned him completely and I can say now that before this book, I had no idea how I was going to start weaning my son. He does really well with books so that helped. Thank you for this book.

This book is absolutely adorable. We used this to work on gently night weaning our toddler and she really fell in love with it. It is not a board book, but not a paper book either, if you have ever gotten the Indestructables books for your kids you will have an idea of the sturdiness of these pages. I am pleased that this is so durable and the little hands in our family have yet to do any damage to them. The illustrations are beautiful and the flow of the story is perfect for bedtime.

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